



1. With the waist belt buckle unfastened the harness must be placed over the head (pullover style). Be careful not to cause any discomfort whilst placing the straps around the head.



2. The wearer's arms should be above both waist and chest straps with the front pad placed centrally on the chest at approximately the level of the collarbone. Ensure the top of the pad is not too close to the throat and recheck after completing step 5!



3. Bring the understrap from behind the wearer, between the legs and place the loop over the waist buckle before fastening the waist buckle securely together.



4. The harness should now look like this. The next step is to tighten the front adjustment straps.



5. Tighten the front of the harness by first pulling down on the free end of the understrap until it is secure but comfortable. Next tighten the shoulder straps by pulling the free ends until the harness is secure whilst allowing comfortable normal breathing. Finally, check that the chest pad remains correctly positioned and adjust if necessary.



6. Ensure the rear pad sits at the nape of the neck and that the rear straps are not twisted.



7. Tighten the waist belt by pulling on the free ends of the straps at the side of each adjuster until the wearer is secure but comfortable. Repeat for the chest straps.



8. Locate the rein attachment points in between the front pad and the chest adjusters.



9. Insert the male buckle into the attachment point until it clicks into place. Ensure that the strap is not twisted, then adjust the strap to the required length using the slides on the rein.

Optional Harbour Docking Harness

When the walking rein is removed, these attachment points can also be used with the Harbour Docking Harness (sold separately) to connect Guardian products to compatible vehicle, wheelchair and seating systems.