



1. Place the harness on the wearer like a jacket or waistcoat. Ensure that the handle at the rear is correctly positioned around the shoulder blade area.



2. Connect the chest buckle. Pass the understrap between the legse legs and place the loop over the waist buckle before fastening it.



3. Tighten the shoulder straps by pulling the free ends at the front of the harness until it is secure.



4. Tighten the chest and waist straps evenly on both sides until the harness is secure but comfortable. Check that the wearer can breathe normally. Finally tighten the understrap so it is secure but comfortable.



5. Locate the walking rein attachment on the harness and the walking rein, line up the buckle parts.



6. Connect the walking rein by inserting the male buckle into the attachment point until it clicks into place.



7. Adjust the rein to the required length and make any final fitting adjustments to suit the wearer ensuring the harness is securely fitted but allows room for comfortable normal breathing.

Optional Harbour Docking Harness

When the walking rein is removed, these attachment points can also be used with the Harbour Docking Harness (sold separately) to connect Guardian products to compatible vehicle, wheelchair and seating systems.